## SOCCER REVIEW

## The Game:

- Each team consists of 11 players on the field
- The game is started by a kickoff from the center of the field and each team needs to be on their own side
- The referee must first blow the whistle before kickoff can occur
- Each goal is worth 1 point
- Using the head or chest to move the ball is legal
- Using your hands is illegal


## Kicks:

- Indirect kick: taken for less serious penalties like obstruction
- Direct kick: a free kick taken for things such as tripping or pushing
- Corner kick: a kick that results from the defense kicking the ball over the endline
- Goal kick: a kick that results from the offense kicking the ball over the endline
- Penalty kick: a kick taken by the offense when the defense commits a foul in the penalty area which begins at the 18 yard line
- Throw in: this is taken when a ball goes over the sideline


## Players:

- Goalie: the only person allowed to use their hands during the game
- Offense: the people who score
- Midfielder: plays offense and defense
- Defense: last line of defense that protects the goalie


## Rules:

- A throw in must be completed with both hands overhead
- A goal kick is taken by a defending player
- A goal cannot be scored on a throw in
- If a ball bounces back onto the field after hitting the goal post or crossbar it is STILL in play
- During a penalty kick, all players except the goalie and person taking the shot must stand outside of the penalty area
- A goal may be scored from a direct kick
- A goal may not be scored on an indirect kick

