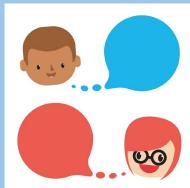


# Day of Dialogue



#### Created by Sayreville Middle School Day of Dialogue Attendees





## David Le (8th Grade)

- 12 students in 7th & 8th grade attended the "Day of Dialogue" in October.
- Many Middlesex County Middle Schools were represented there.
- Experiences At the Day of Dialogue, things were very interesting. The curriculum that was presented covered modern day topics and items pertaining to bullying, racism, bias, identity, as well as many other topics pertaining to the Day of Dialogue.
- Something I learned and kept with me was about change; that we (students) have the power to make change happen and educate people about modern of issues.





#### Kayla Cancel (7th grade)

- Some things I have reflected on is that it is possible to make change. We just have to start small, and figure out what works and what doesn't. It will take time, but worth doing.
- We learned about having "courageous conversations" and "listening to listen"
- Listening to listen means to make eye contact, be honest and open minded and listen to the speaker's words instead of preparing a resported.
  PRESENT! And the way we have courageous conversations is to speak our truth even if if the topic being discussed is uncomfortable.

### Dishita Gupta (8th Grade)

- Day of Dialogue influenced me very positively. I admit that I was aware of all the topics that were mentioned or discussed that day. However, it was eye opening, when we got to learn about the statistics in terms of racial bias, prejudice and other similar issues.
- An example of statistics were, "93% of reported incidents related to identity, 20% no action was taken" and "there was a copious amount of students who did not feel connected to adults at school".
- This is why I feel very motivated and encouraged to make a positive influence.
- I made a promise to myself that I will not stop at just the discussions, but will take constructive actions, like educating my family, peers, school and community.



### Cecilia Caruso (7th grade)

- Since the Day of Dialogue, I understand issues in society better, and as a grower we are committed to doing something about it.
- First step is educating our families, school and community.
- We are going to educate people by having "courageous conversations" and "listening to listen".
- In our homes and community, we will speak to our family members and peers
- In our school, we plan on putting up posters around the school and make announcements that remind people to be respectful of people's gender, race and sexuality. Times are changing so we must change our approach!
- Things will come gradually of course, but I believe be can make a change to a more accepting and respectful student body!

